DRUG AND ALCOHOL SUPPORT SERVICES

BELFAST HEALTH AND SOCIAL CARE TRUST AREA

This publication can also be downloaded from www.drugsandalcoholni.info





Services for Adults

Community Drugs Programme

One to one and family support, auricular acupuncture, mentoring and onward referral service.

Open Access

Falls Community Council

□ Tel: 028 9020 2030

Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

Open Access/Self Referrals Accepted

☐ Tel: 074 4253 3165

Low Threshold Services

Aimed at those who misuse alcohol and/or drugs at harmful levels and/or in harmful ways but who are unable to commit to formal treatment (including chronic drinkers ϑ injecting drug users).

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Open Access/Self Referrals Accepted

BHSCT Drug Outreach Team

☐ Tel: 028 9504 1433

Extern Alcohol Housing Support Service

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□ Tel: 028 9033 0433

Community Based Adult Services

One to one therapeutic treatment and support service for those aged 18+ misusing alcohol and/or drugs. Family members can also get advice and support - regardless of whether their significant other is seeking help.

Open Access/Self Referrals Accepted

Inspire Wellbeing Addiction Services

☐ Tel: 028 9066 4434

Dunlewey Addiction Services

☐ Tel: 028 9039 2547

Statutory Addiction Service

Provided by a range of specialist teams within community and hospital settings.

GP/Health Professional Referrals

BHSCT

■ Tel: 028 9504 2900

Residential treatment is accessible through the statutory addiction service.

Residential Addiction Treatment Centre

6 week residential programme.

Addiction Service Referrals

Carlisle House

☐ Tel: 028 9032 8308

For more detailed information on services available in your HSCT area visit:

www.drugsandalcoholni.info



Young People/Family

Belfast Youth Engagement Service (YES)

A youth friendly, holistic health and wellbeing service where young people, aged 11-25, have opportunities to socialise and to get advice and support on a range of issues.

Open Access

Extern

☐ Tel: 028 9032 5786

Community Drugs Programme

Drug and alcohol education and awareness programmes, accredited and non-accredited, targeted at young people and/or parents.

Open Access

Falls Community Council

□ Tel: 028 9020 2030

Reach Out

One to one support for alcohol and/or drug misuse (and other associated issues).

Open Access/Self Referrals Accepted

Extern

☐ Tel: 074 4253 3165

Targeted Lifeskills Service

Groupwork programmes for young people, aged 11-25, focussed on lifeskills and harm reduction.

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Targeted at At-Risk/Vulnerable Groups

LYMCA

☐Tel: 028 9267 0918

Steps to Cope/ Hidden Harm

For young people aged 11-25 who have been impacted by parental substance use and mental health problems.

Open Access/Self Referrals Accepted

☐ Tel: 0800 2545123

www.stepstocope.co.uk

stc@ascert.biz

DAISY

One to one and group therapeutic treatment and support service for children and young people aged 11-25. Family members can also get advice and support - regardless of whether their significant other is

Open Access/Self Referrals Accepted

Start 360 & ASCERT

☐ Tel: 028 9043 5815 www.start360.org

Pharos

Therapeutic treatment and support for families and children affected by parental alcohol and/or drug misuse.

Social Services/Addiction Services Referrals

Barnardos

■ Tel: 028 9066 3470

DAMHS (Drug and Alcohol Mental Health Service)

A range of therapeutic support services for young people aged under 18 with significant mental health and substance misuse difficulties. **GP/CAMHS** Referrals

BHSCT

☐ Tel: 028 9504 0365

Specific Groups

Needle and Syringe Exchange Sites Maguire Pharmacy

Chemist Connect

? 3 Beechmount Avenue

9 59 High Street

☐ Tel: 028 9032 0590 ☐ Tel: 028 9023 1002

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Street Injecting Support Service (SISS) (inc. needle exchange)

Extern

☐ Tel: 080 0085 8426

Removal of Drug Related Litter (Needle Finds)

Palfast City Council

☐ Tel: 028 9027 0469

BHSCT Drug Outreach Team (inc. needle exchange)

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☐ Tel: 028 9504 1433

Group Support

Call or go online to find a meeting near you:

Alcoholics Anonymous

12 Step Programme/Group Meetings

☐ Tel: 028 9035 1222

www.alcoholicsanonymous.ie

AlAnon

Group Support for Family Members

☐ Tel: 028 9068 2368

www.al-anonuk.org.uk

Alateen

Group Support for Teenagers

☐ Tel: 028 9068 2368

www.al-anonuk.org.uk/alateen

Narcotics Anonymous

12 Step Programme/Group Meetings

☐ Tel: 0300 365 1010

www.na-northernireland.org

Belfast Drug & Alcohol Coordination Team/ Connections Service (BDACT Connections)

Community/Stakeholder Support

The DACT Connections Service provides information, advice, signposting and awareness raising initiatives to a range of community and stakeholder partners.

Tel: 028 9084 0555 (Extern)

www.drugsandalcoholni.info

□ connections@bdact.info

Workforce Development Training Programmes

A range of drug and alcohol training courses for those working with adults, children and young people.

ASCERT

☐ Tel: 0800 254 5123

In Crisis? Call Lifeline **FREE 24/7 HELPLINE** 0808 808 8000